# Effect of predeformation on the propagation of vector solitons in flexible mechanical metamaterials 

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#### Abstract

We investigate the effects of large predeformation on the propagation of planar solitary waves in flexible mechanical metamaterials comprising an array of hinged rotating squares. The predictive framework of our theoretical analysis shows that the predeformation can be exploited to control the characteristics of the supported elastic vector solitons via the tuning of the metamaterial dispersive and nonlinear properties. Together with numerical tests, our study provides a better understanding of the tunable dynamic response of flexible nonlinear mechanical metamaterials and explores more advanced configurations and effects that could open avenues for the design of systems with enhanced tunability.


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## I. INTRODUCTION

Artificially structured materials designed to achieve mechanical properties and functionalities that surpass those of the constituent materials (also referred to as mechanical metamaterials) are opening new avenues to manipulate motions, stresses, and mechanical energy [1-3]. Such systems are also enabling control of the propagation of mechanical waves in unprecedented ways [4,5], facilitating a wide range of applications such as wave guiding [6,7], cloaking [8], noise reduction [9-11], and vibration control [12,13]. However, most of mechanical metamaterials proposed to date focus on small-amplitude elastic waves and are characterized by a passive response (i.e., they operate in fixed ranges of frequencies that are impractical to tune and control after the assembly) [4,5,14-18].

Recent studies indicate that elastic instabilities and large deformations provide an opportunity to alter in situ the dynamic response of mechanical metamaterials. Specifically, they have shown that the width and position of their spectral gaps in frequency can be tuned and even switched on and off by varying the amount of applied deformation [19-25]. While these initial efforts have focused on linear stress waves, more recently it has also been shown that mechanical metamaterials comprising arrays of rigid units connected by thin and highly deformable ligaments support the propagation of elastic vector solitons with two components-one translational and one rotational - that are coupled together and copropagate without dispersion [26,27].

Here we focus on a metamaterial comprising an array of counter-rotating hinged squares [26,28-31] that expands infinitely in the transverse direction and investigate via a combination of theoretical analysis and numerical simulations the effect of large predeformation on nonlinear planar waves that propagate along one of its principal directions of symmetry (i.e., one of the two directions of periodicity of the structure). Our results indicate that large deformations and elastic instability can be exploited to effectively tune the width and
velocity of the propagating solitary waves and even control the type of solitons supported by the system. The analyses performed in this study offer a better understanding of the dynamic response of nonlinear mechanical metamaterials and provide guidelines for the design of structures with optimized properties and enhanced tunability.

## II. GEOMETRY

In this study we focus on a flexible mechanical metamaterial comprising an array of identical squares with diagonal $2 l$ connected at their vertices via thin ligaments of width $t$ (here we consider $t /(2 l) \in[0.005,0.2])$, which act as hinges [see Fig. 1(a)]. Two different initial configurations are considered: (i) one in which the diagonals of all the squares are aligned (without loss of generality, here we assume that they are aligned along the vertical or horizontal direction) and define square holes [see Fig. 1(a)] and (ii) another one in which the neighboring squares are alternatively rotated by $\theta_{0}$ in the clockwise and counterclockwise directions and define an array of diamond holes with angles $\pi / 2 \pm 2 \theta_{0}$ [see Fig. 1(b)]. While for the metamaterial with all diagonals aligned (for which $\theta_{0}=0$ ) the energy cost to rotate any square in the clockwise and counterclockwise directions is identical, the case $\theta_{0} \neq 0$ introduces a disparity between the two directions of rotation. For a square rotated by $\theta_{0}$ in the clockwise direction it is energetically more favorable to rotate in the clockwise direction under compressive loadings and in the counterclockwise direction when the system is stretched.

## III. GOVERNING EQUATIONS

Since for this metamaterial the deformation localizes at the thin ligaments [26,31], we consider the squares to be rigid. Moreover, since in this study we focus on planar waves propagating in the $x$ direction (so that we do not expect any motion in transverse direction), we assign two degrees of freedom to each rigid unit: the displacement in the $x$


FIG. 1. Schematics of the mechanical metamaterial considered in this study. (a) Configuration characterized by $\theta_{0}=0$. (b) Configuration characterized by $\theta_{0} \neq 0$. The details of the hinge geometry are shown in the zoom-in. (c) Discrete model based on rigid units connected at their vertices by springs.
direction, $u$, and the rotation around the $z$ axis, $\theta$. Moreover, to facilitate the analysis, we define the positive direction of rotation alternatively for neighboring squares. Specifically, for each square we assume the energetically favorable direction of rotation under compression to be the positive one. As such, for the $[i, j]$ th unit [which is rotated by $\theta_{0}$ in the clockwise direction-see Fig. 1(c)] a clockwise rotation is positive [see blue arrow in Fig. 1(c)], while for the $[i-1, j]$ th, $[i+$ $1, j]$ th, $[i, j-1]$ th, and $[i, j+1]$ th ones [which are rotated by $\theta_{0}$ in the counterclockwise direction-see Fig. 1(c)], counterclockwise rotations are considered positive [see purple arrow in Fig. 1(c)].

As for the hinges, we model them using a combination of three linear springs: (i) Their longitudinal response is captured by a spring with stiffness $k_{l}$; (ii) their shearing is governed by a spring with stiffness $k_{s}$; and (iii) their bending is captured by a torsional spring with stiffness $k_{\theta}$. To determine $k_{l}, k_{s}$, and $k_{\theta}$ we simulate via finite element analyses the response of two squares connected by one ligament under three sets of boundary conditions (see Appendix for details) [31]. We find that for a structure made of an elastic material with Poisson's ratio $v=0.3$ the dimensionless stiffness $K_{s}=k_{s} / k_{l}$ remains almost constant over the entire range of considered ligament widths ( $K_{s} \approx 0.5$; see blue markers in Fig. 2). Differently, the normalized stiffness $K_{\theta}=k_{\theta} /\left(k_{l} l^{2}\right)$ is more sensitive to the ligament width and monotonically decreases as $t /(2 l)$ increases (see magenta markers in Fig. 2). Moreover, our


FIG. 2. Evolution of the dimensionless stiffnesses $K_{s}$ (blue markers) and $K_{\theta}$ (magenta markers) as a function of the normalized hinge width $t /(2 l)$.
analyses also indicate that the effect of $\theta_{0}$ on the spring stiffness is negligible. While the results reported in Fig. 2 are for a structure with $\theta_{0}=0$, almost identical values are found for $\theta_{0} \in[0,0.25]$. Finally, we note that all results reported in this paper are for a structure with hinges characterized by $t /(2 l)=0.05$, for which $K_{s}=0.53, K_{\theta}=0.0041$. However, qualitatively identical dynamic response is found for the entire range of considered ligament widths.

Under the assumptions listed above, the equations of motion for the $[i, j]$ th square are given by

$$
\begin{align*}
& m^{[i, j]} \ddot{u}^{[i, j]}=\sum_{p=1}^{4} F_{p}^{x[i, j]}, \\
& J^{[i, j]} \ddot{\theta}^{[i, j]}=\sum_{p=1}^{4} M_{p}^{[i, j]}, \tag{1}
\end{align*}
$$

where $m^{[i, j]}$ and $J^{[i, j]}$ are the mass and moment of inertia of the $[i, j]$ th rigid unit, respectively. Moreover, $F_{p}^{x[i, j]}$ is the force in the $x$ direction generated at the $p$ th vertex of the $[i, j]$ th unit by the springs and $M_{p}^{[i, j]}$ represents the corresponding moment. Considering the most general case of a square initially rotated by an angle $\theta_{0}$, these forces and moments are given by

$$
\begin{align*}
F_{p}^{x[i, j]} & =\mathbf{k}_{p} \cdot \Delta \mathbf{l}_{p}^{[i, j]} \cdot \mathbf{e}_{x}, \\
M_{p}^{[i, j]} & =-k_{\theta} \Delta \theta_{p}^{[i, j]}-\left\|\mathbf{r}_{p}^{[i, j]}\left(\theta^{[i, j]}\right) \times\left(\mathbf{k}_{p} \cdot \Delta \mathbf{l}_{p}^{[i, j]}\right)\right\|, \tag{2}
\end{align*}
$$

with

$$
\mathbf{k}_{p}=\left[\begin{array}{cc}
k_{l} & 0  \tag{3}\\
0 & k_{s}
\end{array}\right], \text { for } p=1,3
$$

and

$$
\mathbf{k}_{p}=\left[\begin{array}{cc}
k_{s} & 0  \tag{4}\\
0 & k_{l}
\end{array}\right], \text { for } p=2,4
$$

Furthermore, $\Delta \theta_{p}^{[i, j]}$ is the change in angle experienced by the rotational spring connected to the $p$ th vertex of the $[i, j]$ th
rigid unit

$$
\begin{align*}
\Delta \theta_{1}^{[i, j]} & =\theta^{[i, j]}+\theta^{[i, j+1]}, \\
\Delta \theta_{2}^{[i, j]} & =\theta^{[i, j]}+\theta^{[i+1, j]}, \\
\Delta \theta_{3}^{[i, j]} & =\theta^{[i, j]}+\theta^{[i, j-1]},  \tag{5}\\
\Delta \theta_{4}^{[i, j]} & =\theta^{[i, j]}+\theta^{[i-1, j]},
\end{align*}
$$

and $\mathbf{r}_{p}^{[i, j]}$ denotes the vector that connects the center of the [ $i, j$ ]th rigid unit to its $p$ th vertex [see Fig. 1(c)]

$$
\begin{align*}
& \mathbf{r}_{1}^{[i, j]}\left(\theta^{[i, j]}\right)=l\left[\mathcal{C}\left(\theta^{[i, j]}\right),(-1)^{i+j} \mathcal{S}\left(\theta^{[i, j]}\right)\right], \\
& \mathbf{r}_{2}^{[i, j]}\left(\theta^{[i, j]}\right)=l\left[-(-1)^{i+j} \mathcal{S}\left(\theta^{[i, j]}\right), \mathcal{C}\left(\theta^{[i, j]}\right)\right],  \tag{6}\\
& \mathbf{r}_{3}^{[i, j]}\left(\theta^{[i, j]}\right)=-l\left[\mathcal{C}\left(\theta^{[i, j]}\right),(-1)^{i+j} \mathcal{S}\left(\theta^{[i, j]}\right)\right], \\
& \mathbf{r}_{4}^{[i, j]}\left(\theta^{[i, j]}\right)=l\left[(-1)^{i+j} \mathcal{S}\left(\theta^{[i, j]}\right),-\mathcal{C}\left(\theta^{[i, j]}\right)\right],
\end{align*}
$$

with

$$
\begin{equation*}
\mathcal{C}\left(\theta^{[i, j]}\right)=\cos \left(\theta^{[i, j]}+\theta_{0}\right), \quad \mathcal{S}\left(\theta^{[i, j]}\right)=\sin \left(\theta^{[i, j]}+\theta_{0}\right) \tag{7}
\end{equation*}
$$

Finally, $\boldsymbol{\Delta} \mathbf{I}_{p}^{[i, j]}$ is a vector whose entries provide the change in length along the $x$ and $y$ directions of the linear springs connected to the $p$ th vertex,

$$
\begin{align*}
\boldsymbol{\Delta} \mathbf{l}_{1}^{[i, j]} & =\left(u^{[i, j+1]}-u^{[i, j]}\right) \mathbf{e}_{x}+\Delta \mathbf{r}_{3}^{[i, j+1]}-\Delta \mathbf{r}_{1}^{[i, j]}, \\
\boldsymbol{\Delta} \mathbf{I}_{2}^{[i, j]} & =\boldsymbol{\Delta} \mathbf{r}_{4}^{[i+1, j]}-\Delta \mathbf{r}_{2}^{[i, j]}, \\
\boldsymbol{\Delta} \mathbf{l}_{3}^{[i, j]} & =\left(u^{[i, j-1]}-u^{[i, j]}\right) \mathbf{e}_{x}+\boldsymbol{\Delta} \mathbf{r}_{1}^{[i, j-1]}-\Delta \mathbf{r}_{3}^{[i, j]},  \tag{8}\\
\boldsymbol{\Delta} \mathbf{I}_{4}^{[i, j]} & =\boldsymbol{\Delta} \mathbf{r}_{2}^{[i-1, j]}-\boldsymbol{\Delta} \mathbf{r}_{4}^{[i, j]},
\end{align*}
$$

with

$$
\begin{equation*}
\Delta \mathbf{r}_{p}^{[i, j]}=\mathbf{r}_{p}^{[i, j]}\left(\theta^{[i, j]}\right)-\mathbf{r}_{p}^{[i, j]}(0) \tag{9}
\end{equation*}
$$

Note that in deriving Eqs. (8) we assume that

$$
\begin{equation*}
u^{[i, j]}=u^{[i+1, j]} \text { and } \theta^{[i, j]}=\theta^{[i+1, j]} \forall i, j \tag{10}
\end{equation*}
$$

since for planar waves propagating along the $x$ direction (as those considered in this study) we expect the deformation to be homogeneous along the $y$ direction.

Next, we introduce the normalized displacements $U^{[i, j]}=u^{[i, j]} /\left(2 l \cos \theta_{0}\right)$, time $T=t \sqrt{k / m}$, stiffnesses $K_{\theta}=k_{\theta} /\left(k_{l} l^{2}\right)$, and $K_{s}=k_{s} / k_{l}$ and inertia $\alpha=l \sqrt{m / J}$ and rewrite Eqs. (1) in dimensionless form as

$$
\begin{align*}
\frac{\partial^{2} U^{[i, j]}}{\partial T^{2}}= & \sum_{p=1}^{4} \mathbf{K}_{p} \cdot \boldsymbol{\Delta} \mathbf{L}_{p}^{[i, j]} \cdot \mathbf{e}_{x} \\
\frac{\partial^{2} \theta^{[i, j]}}{\partial T^{2}}= & -\alpha^{2} \sum_{p=1}^{4}\left[4 \cos ^{2} \theta_{0}\left\|\mathbf{R}_{p}^{[i, j]} \times\left(\mathbf{K}_{p} \cdot \Delta \mathbf{L}_{p}^{[i, j]}\right)\right\|\right. \\
& \left.+K_{\theta} \Delta \theta_{p}^{[i, j]}\right] \tag{11}
\end{align*}
$$

where $\mathbf{R}_{p}^{[i, j]}=\mathbf{r}_{p}^{[i, j]} /\left(2 l \cos \theta_{0}\right), \Delta \mathbf{L}_{p}^{[i, j]}=\boldsymbol{\Delta} \mathbf{l}_{p}^{[i, j]} /\left(2 l \cos \theta_{0}\right)$, and

$$
\mathbf{K}_{p}=\left[\begin{array}{cc}
1 & 0  \tag{12}\\
0 & K_{s}
\end{array}\right], \text { for } p=1,3,
$$

and

$$
\mathbf{K}_{p}=\left[\begin{array}{cc}
K_{s} & 0  \tag{13}\\
0 & 1
\end{array}\right], \text { for } p=2,4
$$

In the following sections we first study in detail the response of a system subjected to quasistatic unidirectional deformation in the $x$ direction and then investigate the propagation of nonlinear planar waves along the same direction in the statically predeformed structure.

## IV. STATIC BEHAVIOR

We start by investigating the static response of the considered metamaterial when subjected to an homogeneous strain $\epsilon_{\mathrm{st}}^{x x}$ in the $x$ direction, while preventing deformation in the $y$ direction. For such loading condition
(i) the inertia terms can be neglected,

$$
\begin{equation*}
\frac{\partial^{2} U^{[i, j]}}{\partial T^{2}}=\frac{\partial^{2} \theta^{[i, j]}}{\partial T^{2}}=0, \quad \forall i, j ; \tag{14}
\end{equation*}
$$

(ii) the deformation is homogeneous,

$$
\begin{align*}
U^{[i, j+1]}-U^{[i, j]} & =\epsilon_{\mathrm{st}}^{x x}, \\
\theta^{[i, j]} & =\theta_{\mathrm{st}}, \quad \forall i, j, \tag{15}
\end{align*}
$$

where $\theta_{\text {st }}$ is the angle by which all squares rotate (with neighboring units rotating in the opposite direction) due to the applied static deformation.

By substituting Eqs. (14) and (15) into Eqs. (11), we find that the only nonvanishing equation is

$$
\begin{equation*}
-8 K_{\theta} \theta_{\mathrm{st}}-\sin \Theta\left[4 \epsilon_{\mathrm{st}}^{x x} \cos \theta_{0}+8\left(\cos \theta_{0}-\cos \Theta\right)\right]=0 \tag{16}
\end{equation*}
$$

with $\Theta=\theta_{0}+\theta_{\text {st }}$ (note that in our system contact between neighboring squares imposes $|\Theta|<\pi / 4$ ). Since Eq. (16) does not admit an analytical solution, we solve it numerically to obtain the relation between the applied strain $\epsilon_{\mathrm{st}}^{x x}$ and the resulting rotation of the squares $\theta_{\mathrm{st}}$. We find that for the case $\theta_{0}=0 \mathrm{Eq}$. (16) possesses two solutions and a bifurcation point at $\epsilon_{\mathrm{cr}}^{x x}$ [see green lines in Fig. 3(a)]. When loaded starting from the undeformed configuration (i.e., from $\epsilon_{\mathrm{cr}}^{x x}=0$ and $\theta_{\text {st }}=0$ ), the squares initially only translate and do not rotate (i.e., $\theta_{\text {st }}=0$ ). However, for large-enough applied compressive strains the solution bifurcates, and the initial branch $\theta_{\text {st }}=0$ becomes unstable, so that the squares move to the second branch and start to rotate. Note that a given unit has equal probability to rotate in the clockwise or counterclockwise direction, but its direction of rotation determines that of all the other squares (since neighboring units rotate in the opposite direction). As for the critical strain $\epsilon_{\mathrm{st}, \mathrm{cr}}^{x x}$, it can be determined from Eq. (16) by setting $\theta_{0}=0$ and assuming $\theta_{\text {st }} \ll 1$, so that $\sin \theta_{\mathrm{st}} \approx \theta_{\mathrm{st}}$ and $\cos \theta_{\mathrm{st}} \approx 1-\theta_{\mathrm{st}}^{2} / 2$. Under these assumptions Eq. (16) reduces to

$$
\begin{equation*}
\theta_{\mathrm{st}}^{3}+\left(\epsilon_{\mathrm{st}}^{x x}+2 K_{\theta}\right) \theta_{\mathrm{st}}=0 \tag{17}
\end{equation*}
$$

from which we obtain

$$
\begin{equation*}
\epsilon_{\mathrm{st}, \mathrm{cr}}^{x x}=-2 K_{\theta}, \tag{18}
\end{equation*}
$$

since only for $\epsilon_{\mathrm{st}}^{x x}<-2 K_{\theta}$ Eq. (17) admits a solution different from $\theta_{\text {st }}=0$.


FIG. 3. (a) Rotation-strain bifurcation diagram for metamaterials with $\theta_{0}=0$ (green lines), $\theta_{0}=0.01$ (red lines), and $\theta_{0}=0.25$ (blue lines). Solid and dashed lines represent stable and unstable branches, respectively. The vertical dashed line indicates the critical strain $\epsilon_{\mathrm{st}, \mathrm{cr}}^{x x}=-2 K_{\theta}$ (b) Evolution of the normalized stress $\Sigma_{\mathrm{st}}^{x x}$ as a function of the applied strain $\epsilon_{\mathrm{st}}^{x x}$. Note that both stress and strain are defined negative for compression and positive for tension.

Next, we focus on metamaterials characterized by $\theta_{0} \neq 0$. Also in this case Eq. (16) possesses two distinct solutions, but there is no bifurcation point since they are disconnected [see blue and red lines in Fig. 3(a)]. As such, when loaded starting from the undeformed configuration, the squares immediately
start to rotate and the amount of rotation monotonically increases with the applied deformation. Note that in this case the direction of rotation is dictated by the direction by which the units are rotated in the initial configuration. Squares rotated by $\theta_{0}$ in the clockwise direction rotate by $\theta_{\mathrm{st}}$ in the counterclockwise direction if $\epsilon_{\mathrm{st}}^{x x}>0$ (i.e., $\theta_{\mathrm{st}}<0$ if $\epsilon_{\mathrm{st}}^{x x}>0$ ) and in the clockwise direction if $\epsilon_{\mathrm{st}}^{x x}<0$ (i.e., $\theta_{\mathrm{st}}>0$ if $\epsilon_{\mathrm{st}}^{x x}<$ $0)$. Differently, squares rotated by $\theta_{0}$ in the counterclockwise direction rotate by $\theta_{\mathrm{st}}$ in the clockwise direction if $\epsilon_{\mathrm{st}}^{x x}>0$ and in the counterclockwise direction if $\epsilon_{\mathrm{st}}^{x x}<0$. As for the second equilibrium branch, it emerges for large-enough values of the applied compressive strain and it is associated to energetically unfavorable rotations. However, since it is disconnected from the main branch, it cannot be reached by simply compressing the structure from the undeformed configuration.

Finally, the normalized stress $\Sigma_{\mathrm{st}}^{x x}$ generated by the applied deformation $\epsilon_{\mathrm{st}}^{x x}$ is given by

$$
\begin{equation*}
\Sigma_{\mathrm{st}}^{x x}=\frac{F_{1}^{x[i, j]}}{k_{l} 2 l \cos \theta_{0}}=\epsilon_{\mathrm{st}}^{x x} \cos \theta_{0}+\cos \theta_{0}-\cos \Theta . \tag{19}
\end{equation*}
$$

As shown in Fig. 3(b), for the metamaterial with $\theta_{0}=0$ the stress-strain curve is bilinear, with a point of discontinuity at $\epsilon_{\mathrm{st}, \mathrm{cr}}^{x x}=-2 K_{\theta}$. Differently, the stress-strain curves of the metamaterials with $\theta_{0} \neq 0$ are continuous and nonlinear.

## V. PROPAGATION OF PLANAR NONLINEAR WAVES IN THE PREDEFORMED METAMATERIAL

Having understood the static behavior of the system, we now investigate how planar nonlinear waves propagate in the predeformed metamaterial. In such case the total normalized displacement and rotation experienced by the $[i, j]$ th square can be written as

$$
\begin{align*}
U^{[i, j]} & =U_{\mathrm{st}}^{[i, j]}+U_{w}^{[i, j]}, \\
\theta^{[i, j]} & =\theta_{\mathrm{st}}^{[i, j]}+\theta_{w}^{[i, j]}, \tag{20}
\end{align*}
$$

where $U_{\mathrm{st}}^{[i, j]}$ and $\theta_{\mathrm{st}}^{[i, j]}$ are the displacements and rotation induced by the static predeformation and $U_{w}^{[i, j]}$ and $\theta_{w}^{[i, j]}$ are those generated by the propagating nonlinear wave. For quasistatic predeformation considered in this study $U_{\mathrm{st}}^{[i, j]}$ and $\theta_{\mathrm{st}}^{[i, j]}$ satisfy Eqs. (14) and (15). Moreover, as in Eqs. (10), since we consider planar waves propagating along the $x$ direction, we expect that

$$
\begin{equation*}
U_{w}^{[i+1, j]}=U_{w}^{[i, j]} \text { and } \theta_{w}^{[i, j]}=\theta_{w}^{[i+1, j]} \forall i, j . \tag{21}
\end{equation*}
$$

Substitution of Eqs. (14) and (15) and (20) and (21) into Eqs. (11) yields

$$
\begin{align*}
\frac{\partial^{2} U_{w}^{[i, j]}}{\partial T^{2}}= & U_{w}^{[i, j+1]}-2 U_{w}^{[i, j]}+U_{w}^{[i, j-1]}-\frac{\cos \left(\theta_{w}^{[i, j+1]}+\Theta\right)-\cos \left(\theta_{w}^{[i, j-1]}+\Theta\right)}{2 \cos \theta_{0}} \\
\frac{1}{\alpha^{2}} \frac{\partial^{2} \theta_{w}^{[i, j]}}{\partial T^{2}}= & -K_{\theta}\left[\theta_{w}^{[i, j+1]}+6 \theta_{w}^{[i, j]}+\theta_{w}^{[i, j-1]}+8 \theta_{\mathrm{st}}\right]+K_{s} \cos \left(\theta_{w}^{[i, j]}+\Theta\right)\left[\sin \left(\theta_{w}^{[i, j+1]}+\Theta\right)+\sin \left(\theta_{w}^{[i, j-1]}+\Theta\right)\right. \\
& \left.-2 \sin \left(\theta_{w}^{[i, j]}+\Theta\right)\right]-\sin \left(\theta_{w}^{[i, j]}+\Theta\right)\left[2 \cos \theta_{0}\left(U_{w}^{[i, j+1]}-U_{w}^{[i, j-1]}+2 \epsilon_{\mathrm{st}}^{x x}\right)+8 \cos \theta_{0}-\cos \left(\theta_{w}^{[i, j+1]}+\Theta\right)\right. \\
& \left.+-6 \cos \left(\theta_{w}^{[i, j]}+\Theta\right)-\cos \left(\theta_{w}^{[i, j-1]}+\Theta\right)\right] . \tag{22}
\end{align*}
$$

Note that two angles come into play in Eqs. (22): (i) the angle by which the squares are rotated in the statically deformed configuration, $\Theta=\theta_{0}+\theta_{\text {st }}$, and (ii) the rotation induced by the propagating nonlinear planar wave, $\theta_{w}^{[i, j]}$.

While Eqs. (22) can only be solved numerically, a deeper insight into the dynamics of the metamaterial can be achieved by further simplifying them to derive analytical solutions. To this end, we first introduce two continuous functions $U$ and $\theta$, which interpolate the discrete variables $U_{w}^{[i, j]}$ and $\theta_{w}^{[i, j]}$. Since in Eqs. (22) only the displacements and rotations of squares in the $i$ th row appear (i.e., of squares located at $x_{j}=j 2 l \cos \theta_{0}$ ), such continuous functions only depend on the normalized time $T$ and the dimensionless coordinate along the $x$ axis $X=x /\left(2 l \cos \theta_{0}\right)$ and are defined so that

$$
\begin{gather*}
U\left(X=X_{j}, T\right)=U_{w}^{[i, j]}(T), \\
\theta\left(X=X_{j}, T\right)=\theta_{w}^{[i, j]}(T), \tag{23}
\end{gather*}
$$

with

$$
\begin{equation*}
X_{j}=\frac{x_{j}}{2 l \cos \theta_{0}}=\frac{j 2 l \cos \theta_{0}}{2 l \cos \theta_{0}}=j . \tag{24}
\end{equation*}
$$

Assuming that the width of the propagating waves is much larger than the unit cell, the displacement $U$ and rotation $\theta$ in correspondence to the $[i, j-1]$ th and $[i, j+1]$ th units can then be expressed using Taylor expansion as

$$
\begin{aligned}
U\left(X_{j-1}, T\right) & \left.\approx U\right|_{X_{j}, T}-\left.\frac{\partial U}{\partial X}\right|_{X_{j}, T}+\left.\frac{1}{2} \frac{\partial^{2} U}{\partial X^{2}}\right|_{X_{j}, T} \\
U\left(X_{j+1}, T\right) & \left.\approx U\right|_{X_{j}, T}+\left.\frac{\partial U}{\partial X}\right|_{X_{j}, T}+\left.\frac{1}{2} \frac{\partial^{2} U}{\partial X^{2}}\right|_{X_{j}, T}
\end{aligned}
$$

$$
\begin{align*}
& \left.\theta\left(X_{j-1}, T\right) \approx \theta\right|_{X_{j}, T}-\left.\frac{\partial \theta}{\partial X}\right|_{X_{j}, T}+\left.\frac{1}{2} \frac{\partial^{2} \theta}{\partial X^{2}}\right|_{X_{j}, T}, \\
& \left.\theta\left(X_{j+1}, T\right) \approx \theta\right|_{X_{j}, T}+\left.\frac{\partial \theta}{\partial X}\right|_{X_{j}, T}+\left.\frac{1}{2} \frac{\partial^{2} \theta}{\partial X^{2}}\right|_{X_{j}, T} \tag{25}
\end{align*}
$$

Substitution of (23) and (25) into Eqs. (22) yields

$$
\begin{align*}
\frac{\partial^{2} U}{\partial T^{2}}= & \frac{\partial^{2} U}{\partial X^{2}}-\frac{1}{\cos \left(\theta_{0}\right)} \frac{\partial \cos (\theta+\Theta)}{\partial X} \\
\frac{1}{\alpha^{2}} \frac{\partial^{2} \theta}{\partial T^{2}}= & -K_{\theta} \frac{\partial^{2} \theta}{\partial X^{2}}+K_{s} \cos (\theta+\Theta) \frac{\partial^{2} \sin (\theta+\Theta)}{\partial X^{2}} \\
& +\sin (\theta+\Theta) \frac{\partial^{2} \cos (\theta+\Theta)}{\partial X^{2}}-8 K_{\theta}\left(\theta+\theta_{\mathrm{st}}\right) \\
& -4 \sin (\theta+\Theta)\left[\cos \theta_{0}\left(\frac{\partial U}{\partial X}+\epsilon_{\mathrm{st}}^{x x}\right)\right. \\
& \left.+2 \cos \left(\theta_{0}\right)-2 \cos (\theta+\Theta)\right] \tag{26}
\end{align*}
$$

Moreover, if we assume that $\theta \sim \Theta \ll 1, \sin (\Theta+\theta)$ and $\cos (\Theta+\theta)$ can be approximated as

$$
\begin{align*}
& \sin (\Theta+\theta) \approx \sin \Theta+\theta \cos \Theta-\theta^{2} \frac{\sin \Theta}{2}-\theta^{3} \frac{\cos \Theta}{6} \\
& \cos (\Theta+\theta) \approx \cos \Theta-\theta \sin \Theta-\theta^{2} \frac{\cos \Theta}{2}+\theta^{3} \frac{\sin \Theta}{6} \tag{27}
\end{align*}
$$

By substituting Eqs. (27) into Eqs. (26) and collecting up to third-order terms we obtain

$$
\begin{align*}
\frac{\partial^{2} U}{\partial T^{2}}= & \frac{\partial^{2} U}{\partial X^{2}}+\frac{1}{\cos \theta_{0}}\left[\sin \Theta+\theta \cos \Theta-\theta^{2} \frac{\sin \Theta}{2}\right] \frac{\partial \theta}{\partial X} \\
\frac{1}{\alpha^{2}} \frac{\partial^{2} \theta}{\partial T^{2}}= & \left(K_{s}-K_{\theta}\right) \frac{\partial^{2} \theta}{\partial X^{2}}-4 \sin \Theta \cos \theta_{0} \frac{\partial U}{\partial X}-4\left[\cos \theta_{0} \cos \Theta\left(2+\frac{\partial U}{\partial X}+\epsilon_{\mathrm{st}}^{x x}\right)+2 K_{\theta}-2 \cos (2 \Theta)\right] \theta \\
& +2 \sin \Theta\left[\left(2+\frac{\partial U}{\partial X}+\epsilon_{\mathrm{st}}^{x x}\right) \cos \theta_{0}-8 \cos \Theta\right] \theta^{2}+\frac{2}{3}\left[\cos \theta_{0} \cos \Theta\left(2+\frac{\partial U}{\partial X}+\epsilon_{\mathrm{st}}^{x x}\right)-8 \cos (2 \Theta)\right] \theta^{3}, \tag{28}
\end{align*}
$$

which represent the continuum governing equations of the system. Next, we introduce the traveling wave coordinate $\zeta=X-$ $c T, c$ being the normalized pulse velocity (the physical pulse velocity is $c 2 l \cos \theta_{0} \sqrt{k_{l} / m}$ ), so that Eqs. (28) become

$$
\begin{align*}
\frac{\partial^{2} U}{\partial \zeta^{2}}= & -\frac{1}{\cos \theta_{0}\left(1-c^{2}\right)}\left[\sin \Theta+\theta \cos \Theta-\theta^{2} \frac{\sin \Theta}{2}\right] \frac{\partial \theta}{\partial \zeta}  \tag{29a}\\
\frac{1}{\beta} \frac{\partial^{2} \theta}{\partial \zeta^{2}}= & 2 \sin \Theta \cos \theta_{0} \frac{\partial U}{\partial \zeta}+4\left[2 K_{\theta}-2 \cos (2 \Theta)+\cos \theta_{0} \cos \Theta\left(2+\frac{\partial U}{\partial \zeta}+\epsilon_{\mathrm{st}}^{x x}\right)\right] \theta \\
& -2 \sin \Theta\left[\left(2+\frac{\partial U}{\partial \zeta}+\epsilon_{\mathrm{st}}^{x x}\right) \cos \theta_{0}-8 \cos \Theta\right] \theta^{2}-\frac{2}{3}\left[\cos \theta_{0} \cos \Theta\left(2+\frac{\partial U}{\partial \zeta}+\epsilon_{\mathrm{st}}^{x x}\right)-8 \cos (2 \Theta)\right] \theta^{3} \tag{29b}
\end{align*}
$$

with

$$
\begin{equation*}
\beta=\frac{\alpha^{2}}{\alpha^{2}\left(K_{s}-K_{\theta}\right)-c^{2}} \tag{30}
\end{equation*}
$$

Integration of Eq. (29a) with respect to $\zeta$ yields

$$
\begin{equation*}
\frac{\partial U}{\partial \zeta}=-\frac{1}{\cos \theta_{0}\left(1-c^{2}\right)}\left[\theta \sin \Theta+\theta^{2} \frac{\cos \Theta}{2}-\theta^{3} \frac{\sin \Theta}{6}\right]+C \tag{31}
\end{equation*}
$$

where $C$ is the integration constant. Since in this study we focus on the propagation of waves with a finite temporal support and do not consider periodic waves, we require that

$$
\begin{equation*}
\left.\frac{\partial U}{\partial \zeta}\right|_{\zeta \rightarrow \infty}=0 \tag{32}
\end{equation*}
$$

from which we obtain $C=0$. Finally, by substituting Eq. (31) into Eq. (29b) we obtain

$$
\begin{equation*}
\frac{d^{2} \theta}{d \zeta^{2}}=C_{1} \theta+C_{2} \theta^{2}+C_{3} \theta^{3} \tag{33}
\end{equation*}
$$

where

$$
\begin{align*}
C_{1}= & -4 \beta\left[\frac{\sin ^{2} \Theta}{1-c^{2}}+2 \cos (2 \Theta)-2 K_{\theta}\right. \\
& \left.-\left(2+\epsilon_{\mathrm{st}}^{x x}\right) \cos \theta_{0} \cos \Theta\right] \\
C_{2}= & -2 \beta \sin \Theta\left[\frac{\left(8 c^{2}-5\right) \cos \Theta}{1-c^{2}}+\left(2+\epsilon_{\mathrm{st}}^{x x}\right) \cos \theta_{0}\right] \\
C_{3}= & -\frac{\beta}{3}\left[\frac{\left(16 c^{2}-9\right) \cos (2 \Theta)-1}{1-c^{2}}\right. \\
& \left.+2\left(2+\epsilon_{\mathrm{st}}^{x x}\right) \cos \theta_{0} \cos \Theta\right] . \tag{34}
\end{align*}
$$

Equation (33) is the Klein-Gordon equation with quadratic and cubic nonlinearities [32], which, as recently shown for a mechanical metamaterial comprising an array of crossshaped rigid units connected via thin ligaments [27], admits an analytical solution in the form of

$$
\begin{equation*}
\theta=\frac{1}{D_{1} \pm D_{2} \cosh (\zeta / W)} \tag{35}
\end{equation*}
$$

where $D_{1}, D_{2}$, and $W$ are solution parameters. Equation (35) defines a solitary wave with characteristic width $W$ and amplitude

$$
\begin{equation*}
A=\theta(\zeta=0)=\frac{1}{D_{1} \pm D_{2}} \tag{36}
\end{equation*}
$$

Next we determine $D_{1}, D_{2}$, and $W$ as a function of the geometry of the system and the pulse velocity $c$. To this end, we substitute Eq. (35) into Eq. (33) and find that the latter is identically satisfied only if

$$
\begin{align*}
D_{1} & =-\frac{C_{2}}{3 C_{1}}  \tag{37a}\\
D_{2} & =\sqrt{\frac{C_{2}^{2}}{9 C_{1}^{2}}-\frac{C_{3}}{2 C_{1}}}  \tag{37b}\\
W & =\frac{1}{\sqrt{C_{1}}} \tag{37c}
\end{align*}
$$

where $C_{1}, C_{2}$, and $C_{3}$ are defined in Eqs. (34). At this point it is important to note that the existence of the two solutions defined by Eq. (35) requires that
(i) $W$ is real valued, yielding

$$
\begin{equation*}
C_{1}>0 \tag{38}
\end{equation*}
$$

(ii) $D_{2}$ is a real number, yielding

$$
\begin{equation*}
\frac{C_{2}^{2}}{9 C_{1}^{2}}-\frac{C_{3}}{2 C_{1}}>0 \tag{39}
\end{equation*}
$$

(iii) the denominator in Eq. (35) is different from zero,

$$
\begin{equation*}
D_{1} \pm D_{2} \cosh (\zeta / W) \neq 0 \tag{40}
\end{equation*}
$$

Violation of Eqs. (38)-(40) may result in the formation of amplitude gaps for the solitary waves (i.e., ranges in amplitude where elastic soliton propagation is forbidden) [27]. Moreover, since $D_{2}>0$ [see Eq. (37b)] and $\cosh (\zeta / W) \in$ $[1, \infty)$, Eq. (40) is only satisfied if $\left|D_{1}\right|<D_{2}$. Differently, for $\left|D_{1}\right|>D_{2}$ only one of the two solitary waves defined by Eq. (35) exists. Specifically, if the system parameters for a metamaterial with $\theta_{0} \geqslant 0$ (for which $D_{1}$ is always smaller than $D_{2}$ ) are such that $-D_{1}>D_{2}$, then the solution given by Eq. (35) reduces to

$$
\begin{equation*}
\theta=\frac{1}{D_{1}-D_{2} \cosh (\zeta / W)} \tag{41}
\end{equation*}
$$

Further, it is important to point out that for $D_{2}=0$ the solution given by Eq. (35) reduces to a constant (i.e., $\theta=$ $1 / D_{1}$ when $D_{2}=0$ ). Notably, we find that for $D_{2}=0$ (i.e., $2 C_{2}^{2}-9 C_{1} C_{3}=0$ ) Eq. (33) can be rewritten as

$$
\begin{equation*}
\frac{d^{2} \theta}{d \zeta^{2}}=C_{3} \theta\left(\theta+\frac{C_{2}}{3 C_{3}}\right)\left(\theta+\frac{2 C_{2}}{3 C_{3}}\right) \tag{42}
\end{equation*}
$$

which admits the nontrivial solution

$$
\begin{equation*}
\theta=\frac{A}{2}\left[1-\tanh \left( \pm \frac{\zeta}{W}\right)\right] \tag{43}
\end{equation*}
$$

with

$$
\begin{align*}
A & =-\frac{2 C_{2}}{3 C_{3}}  \tag{44a}\\
W & =\frac{2}{\sqrt{C_{1}}} \tag{44b}
\end{align*}
$$

Equations (43) and (44) define either a kink [in the case of + sign in Eq. (43)] or antikink [in the case of - sign in Eq. (43)], which are typically associated to a phase transition [33-35]. As discussed in the previous section, this solution takes the deformed metamaterial from one static equilibrium position to another one. Note that Eqs. (42) and (43) correspond to some extent to the well-known $\phi^{4}$ model [36], with an additional topological constraint. Since Eq. (43) defines a transition between the two existing stable states, in our system a kink must necessarily be followed by an antikink.

Finally, the solution for the displacement $U$ is found by integrating Eq. (31)

$$
\begin{align*}
U= & \int_{\zeta}^{\infty} \frac{1}{\cos \theta_{0}\left(1-c^{2}\right)}\left[\theta\left(\zeta^{\prime}\right) \sin \Theta+\theta\left(\zeta^{\prime}\right)^{2} \frac{\cos \Theta}{2}\right. \\
& \left.-\theta\left(\zeta^{\prime}\right)^{3} \frac{\sin \Theta}{6}\right] d \zeta^{\prime} \tag{45}
\end{align*}
$$

with $\theta$ given by either Eq. (35) or Eq. (41) or Eq. (43). As recently found for undeformed structures comprising a network of rigid units connected by thin and highly deformable ligaments [26,27], Eqs. (35), (41), (43), and (45) indicate that


FIG. 4. Effect of the applied strain $\epsilon_{\mathrm{st}}^{x x}$ on the velocity $c$ and on the types of solitary waves supported by a metamaterial with $\theta_{0}=0$. The red dashed line indicates the critical strain $\epsilon_{\mathrm{st}, \mathrm{cr}}^{x x}$.
also the predeformed system considered in this study supports the propagation of elastic vector solitons (i.e., solitary waves with two components-one translational and one rotationalthat are coupled together and copropagate without dispersion). Moreover, since the solution depends on $\epsilon_{\mathrm{st}}^{x x}$, they show that the characteristics of such solitary waves can be controlled by tuning the amount of applied deformation.

## A. Metamaterials with $\boldsymbol{\theta}_{\mathbf{0}}=0$

To better understand the effect of the applied deformation on the propagation of solitary waves, we start focusing on a metamaterial with $\theta_{0}=0$ (i.e., a metamaterial in which the diagonals of all the squares are aligned). In Fig. 4 we show the solitary waves supported by the structure as a function of the applied predeformation $\epsilon_{\mathrm{st}}^{x x}$. We find that three different scenarios are possible: (i) $D_{2}>0$, so that the supported solitons are defined by Eq. (35) (pink region in Fig. 4); (ii) $D_{2}=0$, so that the supported solitons are defined by Eq. (43) (blue region in Fig. 4); (iii) at least one of the condition defined by Eqs. (38)-(40) is violated, so that no physical solution exists (gray region in Fig. 4). Those findings indicate that $\epsilon_{\mathrm{st}}^{x x}$ can be exploited to switch between the different types of solitary waves supported by the structure. While in the prebuckling regime (i.e., for $\epsilon_{\mathrm{st}}^{x x}>\epsilon_{\mathrm{st}, \mathrm{cr}}^{x x}$ ) the metamaterial supports the propagation of vector solitons with rotational component defined by Eq. (35), in the entire postbuckling regime (i.e., for $\epsilon_{\mathrm{st}}^{x x}<\epsilon_{\mathrm{st}, \mathrm{cr}}^{x x}$ ) only those with rotational component defined by Eq. (43) can propagate.

## 1. Prebuckling regime: $\epsilon_{\mathrm{st}}^{x x}>\epsilon_{\mathrm{st}, \mathrm{cr}}^{x x}$

Having determined that prior to buckling the metamaterials with $\theta_{0}=0$ support the propagation of the solitary waves defined by Eq. (35), we now investigate how their width $W$ and velocity $c$ are affected by the applied deformation.


FIG. 5. Effect of the applied strain $\epsilon_{\mathrm{st}}^{x x}$ on the velocity $c$ and width $W$ of the solitons according to Eqs. (48). (a) Evolution of $c$ as a function of $A$ and $\epsilon_{\mathrm{st}}^{x x}$. (b) Evolution of $c$ as a function of $A$ and $\epsilon_{\mathrm{st}}^{x x}$. The circular markers indicate the points considered in our numerical analysis, whose results are presented in Fig. 6.

Since in a metamaterial with $\theta_{0}=0$ the squares do not rotate prior to buckling (i.e., $\theta_{\mathrm{st}}=0$ for $\epsilon_{\mathrm{st}}^{x x}>\epsilon_{\mathrm{st}, \mathrm{cr}}^{x x}$ ), for $\epsilon_{\mathrm{st}}^{x x}>\epsilon_{\mathrm{st}, \mathrm{cr}}^{x x}$ Eqs. (34) reduce to

$$
\begin{align*}
& C_{1}=4 \beta\left[2 K_{\theta}+\epsilon_{\mathrm{st}}^{x x}\right] \\
& C_{2}=0  \tag{46}\\
& C_{3}=-2 \beta\left[\frac{2 c^{2}-1}{1-c^{2}}+\frac{\epsilon_{\mathrm{st}}^{x x}}{3}\right]
\end{align*}
$$

and the general solution given by Eqs. (35) and (45) simplifies to

$$
\begin{align*}
\theta & =A \operatorname{sech}\left(\frac{\zeta}{W}\right) \\
U & =\frac{A^{2} W}{2\left(1-c^{2}\right)}\left[1-\tanh \left(\frac{\zeta}{W}\right)\right] \tag{47}
\end{align*}
$$

Moreover, substitution of Eqs. (46) into Eqs. (36) and (37c) yields

$$
\begin{align*}
W & =\frac{1}{2 \alpha \sqrt{2 K_{\theta}+\epsilon_{\mathrm{st}}^{x x}}} \sqrt{\left(K_{s}-K_{\theta}\right) \alpha^{2}-1+\frac{3}{\gamma+6}} \\
c & =\sqrt{\frac{\gamma+3}{\gamma+6}} \tag{48}
\end{align*}
$$

with

$$
\begin{equation*}
\gamma=12 A^{2}\left(\epsilon_{\mathrm{st}}^{x x}+2 K_{\theta}\right)-\epsilon_{\mathrm{st}}^{x x} \tag{49}
\end{equation*}
$$

(a)

(b) $\epsilon_{s t}^{x x}=-0.008$


(e)

$$
\epsilon_{s t}^{x x}=0.012
$$


(f)


FIG. 6. [(a)-(e)] Numerical (markers) and analytical (lines) results for a metamaterial characterized by $\theta_{0}=0$ (see Supplemental Movie S1 for animations [37]). Rotation (left) and normalized displacement (right) profiles at different level of applied predeformation: (a) $\epsilon_{\mathrm{st}}^{x x}=0$, (b) $\epsilon_{\mathrm{st}}^{x x}=-0.008$, (c) $\epsilon_{\mathrm{st}}^{x x}=-0.018$, (d) $\epsilon_{\mathrm{st}}^{x x}=$ 0.008 , and (e) $\epsilon_{\mathrm{st}}^{x x}=0.012$. In each plot we show the profiles at $T=$ 1050, 1550, and 2050. Note that the results for the buckled system

Equations (48) clearly show that both the width and the velocity of the solitons propagating with a given amplitude $A$ can be controlled by tuning the applied predeformation $\epsilon_{\mathrm{st}}^{x x}$. More specifically, Eqs. (48) indicate the following:
(i) When the metamaterial is stretched (i.e., for $\epsilon_{\mathrm{st}}^{x x}>0$ ), the velocity $c$ becomes larger [see Fig. 5(a)] and the width $W$ becomes smaller [see Fig. 5(b)] as the amount of applied prestrain $\epsilon_{\mathrm{st}}^{x x}$ is increased;
(ii) on compression (i.e., for $\epsilon_{\mathrm{st}}^{x x}<0$ ), $c$ progressively decreases [see Fig. 5(a)], while $W$ increases [see Fig. 5(b)]. It is also important to note that $W$ approaches infinity at the onset of buckling [i.e., $W \rightarrow \infty$ at $\epsilon_{\mathrm{st}}^{x x}=\epsilon_{\mathrm{st}}^{x x, \text { cr }}=-2 K_{\theta}$; see Fig. 5(b)]. This further confirms that at the onset of buckling the considered metamaterial cannot no longer support the propagation of the elastic vector solitons defined by Eqs. (47).

To validate the predictions of our continuum model, we numerically solve the system of ordinary differential equations (ODEs) given by Eqs. (22). In our numerical analysis we consider a chain comprising $1 \times 500$ squares, implement periodic boundary conditions in the transverse direction and apply the theoretical solution given by Eq. (47) to the first square of the chain (while leaving the other end free). In Fig. 6 we compare analytically (lines) and numerically (markers) predicted rotations (left) and normalized displacements (right) profiles at different level of applied deformation $\epsilon_{\mathrm{st}}^{x x}$, assuming $A=0.30$. In general, we observe an excellent agreement between the numerical results and the predictions of our continuum model. The numerical simulations confirm that in the postbuckling regime the considered metamaterial cannot support the solitons defined by Eq. (47), as the wave is dispersed during propagation if $\epsilon_{\mathrm{st}}^{x x}<\epsilon_{\mathrm{st} \text {,cr }}^{x x}$ [see results for $\epsilon_{\mathrm{st}}^{x x}=-0.018$ in Fig. 6(c)]. Moreover, they also indicate that solitary waves are not supported by the system for largeenough positive $\epsilon_{\mathrm{st}}^{x x}$ [see results for $\epsilon_{\mathrm{st}}^{x x}=0.012$ in Fig. 6(e)]. This is because for large-enough applied tensile deformations the width $W$ of the propagating solitons is so small that the continuum approximation introduced to derive our analytical solution [Eqs. (25)] is not anymore valid. To better characterize this effect, in Fig. 6(f) we report the number of units after which the amplitude of the solitary wave is reduced by half, $N_{0.5 A}$. The contour plot shows that $N_{0.5 A}$ significantly drops when $\epsilon_{\mathrm{st}}^{x x}$ and $A$ are such that $W \sim 2$. Therefore, our numerical results indicate that, although the considered discrete system does not exhibit amplitude gaps for elastic vector solitons [27] [since $W$ is real valued for any amplitude $A$; see Fig. 5(b)], it still does not support the propagation of solitary waves if $W$ is small enough (albeit greater than zero).

## 2. Postbuckling regime: $\epsilon_{\mathrm{st}}^{x x}<\epsilon_{\mathrm{st}, \mathrm{cr}}^{x x}$

Next, we turn our attention to the postbuckling regime, where only vector solitons with rotational component defined
(i.e., for $\epsilon_{\mathrm{st}}^{x x}=-0.018$ ) are obtained by applying the solution given by Eq. (47) with $W=6$. Although the choice of $W$ is completely arbitrary, quantitatively identical results are obtained for any real $W$. (f) Number of units after which the amplitude of the solitary wave is reduced by half, $N_{0.5 A}$, as a function of the applied strain $\epsilon_{\mathrm{st}}^{x x}$ and amplitude $A$.


FIG. 7. Effect of the applied strain $\epsilon_{\mathrm{st}}^{x x}$ on the width $W$ and velocity $c$ of solitons with rotational component defined by Eq. (43). (a) Evolution of $W$ as a function of $c$ and $\epsilon_{\mathrm{st}}^{x x}$. (b) Evolution of $A$ as a function of $c$ and $\epsilon_{\mathrm{st}}^{x x}$. The gray-shaded areas highlight regions where no solution exists. The circular markers indicate the points considered in our numerical analysis, whose results are presented in Fig. 8.
by Eq. (43) can propagate (see Fig. 4). In Fig. 7 we report the evolution of the amplitude $A$ and width $W$ of such solitons [given by Eqs. (44)] as a function of $c$ and $\epsilon_{\mathrm{st}}^{x x}$. We find that the width $W$ monotonically decreases as the applied precompression is increased [see Fig. 7(a)]. Hovewer, while in the subsonic regime (i.e., for $c<1$ ) $W$ remains large enough [i.e., $\min (W)=6.68$ for the considered range of applied strain] so that we do not expect discrete effects to prevent the propagation of the solitons, we find that the supersonic solitons (i.e., solitons with $c>1$ ) are characterized by a very small width [i.e., $\min (W)=0.05$ for the considered range of applied strain]. As for the amplitude $A$, the plot in Fig. 7(b) indicates that it is fully determined by $\epsilon_{\mathrm{st}}^{x x}$ and not affected by $c$. To further investigate this point, we assume that the static rotations induced by buckling are small, so that

$$
\begin{equation*}
\sin \theta_{\mathrm{st}} \approx \theta_{\mathrm{st}}, \text { and } \cos \theta_{\mathrm{st}} \approx 1-\frac{\theta_{\mathrm{st}}^{2}}{2} \tag{50}
\end{equation*}
$$

Substitution of Eqs. (50) into Eq. (44a) yields

$$
\begin{equation*}
A=-\frac{2 C_{2}}{3 C_{3}} \approx-2 \theta_{\mathrm{st}} \tag{51}
\end{equation*}
$$

which confirms that the amplitude of the propagating solitons only depends on the amount of applied predeformation. Moreover, Eq. (51) indicates that the solitons take the buckled structure from one stable configuration (characterized by $\theta_{\text {st }}$ ) to the
mirrored one on the same equilibrium branch [characterized by $-\theta_{\text {st }}$; see Fig. 3(a)].

Next, we verify the predictions of our continuum model by comparing them to numerical results obtained by integrating the system of ODEs given by Eqs. (22) on a chain comprising $1 \times 500$ squares and with periodic boundary conditions in the transverse direction. The results shown in Fig. 8 confirm that in the postbuckling regime the considered metamaterial supports the propagation of vector solitons with rotational component defined by Eq. (43). They also show that for the subsonic solitons the displacement $U$ is negative and has a positive gradient [see Figs. 8(a) and 8(b)]. As such, the solitons with $c<1$ stretch the structure in the longitudinal direction during propagation. Note that in Fig. 8(c) we show the propagation of a sequence of three kinks and antikinks, corresponding to the plus and minus sign solutions of Eq. (43). Differently from Sine-Gordon systems comprising an infinite number of stable states and consequently supporting arbitrary sequences of kinks or antikinks [36], our system has only two stable states. Consequently, a kink must necessarily be followed by an antikink. Since for both solutions the displacement $U$ is negative and has a positive gradient, the train of kinks and antikinks leads to a cumulated stairlike displacement along the chain. As for the rotation, the square jumps back and forth between the two stable angles. Finally, in Figs. 8(d) and 8(e) we focus on the supersonic kink solitons. We find that they compress the metamaterial during propagation [see Figs. 8(d) and 8(e)]. However, since their width is very small, they are supported by the discrete systems only when the applied deformation is very close to the critical strain [see Figs. 8(d) and 8(e)].

## B. Metamaterials with $\boldsymbol{\theta}_{0} \neq 0$

While in the previous section we have focused on the dynamic response of metamaterials with $\theta_{0}=0$, we now turn our attention to structures in which the squares are initially rotated (i.e., metamaterials with $\theta_{0} \neq 0$ ). We start by investigating the characteristics of the solitons supported by these metamaterials as a function of the applied deformation. As shown in Fig. 9, three different scenarios are possible: (i) $\left|D_{1}\right|<D_{2}$, so that the supported solitons are defined by Eq. (35) (pink region in Fig. 9); (ii) $\left|D_{1}\right|>D_{2}$, so that the supported solitons are defined by Eq. (41) (yellow region in Fig. 9); (iii) at least one of the condition defined by Eqs. (38)-(40) is violated, so that no physical solution exists (gray region in Fig. 9). Furthermore, the results shown in Figs. 9(a) and 9(b) for structures with $\theta_{0}=0.01$ and 0.25 also indicate that $\theta_{0}$ strongly affects the dynamic response of the system. The structure with $\theta_{0}=0.01$ supports subsonic vector solitons with rotational component defined by Eq. (35) for all considered values of $\epsilon_{\mathrm{st}}^{x x}$ and supersonic solitons with $\theta$ defined by Eq. (41) only for large-enough values of applied precompression. Differently, in the structure with $\theta_{0}=0.25$ both types of solitary waves are supported for the entire range of applied predeformation and also subsonic solitons with rotational component defined by Eq. (41) can propagate for large-enough values of applied precompression. To further understand the effect of $\theta_{0}$ on the propagation of solitary waves, in Fig. 10(c) we focus on $\epsilon_{\mathrm{st}}^{x x}=0$ and investigate the
(a)

(c)

(d)

(e)


FIG. 8. Numerical (markers) and analytical (lines) results for a buckled metamaterial characterized by $\theta_{0}=0$ (see Supplemental Movie S1 for animations [37]). Rotation (left) and normalized displacement (right) profiles for: (a) $\epsilon_{\text {st }}^{x x}=-0.01$ and $c=0.4$ at $T=480,800$, and 1280; (b) $\epsilon_{\mathrm{st}}^{x x}=-0.02$ and $c=0.4$ at $T=480$, 800, and 1280; (c) $\epsilon_{\mathrm{st}}^{x x}=-0.02$ and $c=0.4$ when excited with a sequence of kinks and antikinks; (d) $\epsilon_{\mathrm{st}}^{x x}=-0.0085$ and $c=1.2$ at $T=220,400$, and 580; (e) $\epsilon_{\mathrm{st}}^{x x}=-0.009$ and $c=1.2$ at $T=460$, 580 , and 700 .


FIG. 9. [(a) and (b)] Effect of the applied strain $\epsilon_{\mathrm{st}}^{x x}$ on the velocity $c$ and types of solitary waves supported by a metamaterial with (a) $\theta_{0}=0.01$ and (b) $\theta_{0}=0.25$. (c) Effect of the angle $\theta_{0}$ on the velocity $c$ and types of solitary waves supported by an undeformed metamaterial (i.e., $\epsilon_{\mathrm{st}}^{x x}=0$ ).


FIG. 10. [(a) and (b) Effect of the applied strain $\epsilon_{\mathrm{st}}^{x x}$ and amplitude $A$ on (a) the velocity $c$ and (b) the width $W$ of the solitons supported by a metamaterial with $\theta_{0}=0.01$. The gray region highlights the amplitude gap as predicted by the continuum model. The circular markers indicate the points considered in our numerical analysis, whose results are presented in Fig. 11. (c) Evolution of the amplitude gap's lower limit, $A_{\text {lower }}$, as a function of the applied strain $\epsilon_{\mathrm{st}}^{x x}$ and the hinge width $t /(2 l)$ for a metamaterial with $\theta_{0}=0.01$.
types of solitons supported by our metamaterials as a function of $\theta_{0}$ (note that qualitatively identical behavior is found for any considered value of $\epsilon_{\mathrm{st}}^{x x}$ ). As suggested by the results reported in Figs. 9(a) and 9(b), we find that $\theta_{0}$ strongly affects the presence of the vector solitons with $\theta$ defined by Eq. (41), since they are supported by the system only for large-enough values of initial rotation of the squares.

Next we focus on the metamaterial with $\theta_{0}=0.01$ and investigate how the velocity $c$ and width $W$ of the supported solitons are affected by $\epsilon_{\mathrm{st}}^{x x}$. Specifically, in Figs. 10(a) and 10(b) we report the evolution of $c$ and $W$ as a function of $A$ and $\epsilon_{\mathrm{st}}^{x x}$ [note that these plots are obtained by combining Eqs. (36) and (37c), which provide the $A-c$ and $W-c$ relations, respectively]. Similarly to the structure with $\theta_{0}=0$, we find that also for this metamaterial the velocity and width of the

(b)

$$
\epsilon_{s t}^{x x}=-0.01, A=-0.24
$$


(c)


FIG. 11. Numerical (markers) and analytical (lines) results for a metamaterial characterized by $\theta_{0}=0.01$ (see Supplemental Movie S1 for animations [37]). Rotation (left) and normalized displacement (right) profiles for (a) $\epsilon_{\mathrm{st}}^{x x}=-0.01$ and $A= \pm 0.30$ at $T=250,450$, and 650; (b) $\epsilon_{\mathrm{st}}^{x x}=-0.01$ and $A=-0.24$ at $T=260,440$, and 620; (c) $\epsilon_{\mathrm{st}}^{x x}=-0.02$ and $A=-0.19$ at $T=200,300$, and 400 .
vector solitons with rotational component defined by Eq. (35) become larger and smaller, respectively, as $\epsilon_{\mathrm{st}}^{x x}$ increases [see Figs. 10(a) and 10(b)]. However, while in the case $\theta_{0}=0$ the characteristics of the propagating solitons are not affected by the direction of the rotations that they induce (so that in Fig. 5 we only plot the solution for $A>0$ ), in the system with $\theta_{0}=0.01$ there is a disparity between the two directions of rotations. A solitary wave that induces energetically favorable rotations (i.e., for which $A>0$ ) travels slower than the corresponding one inducing energetically unfavorable rotations [i.e., for which $A<0$; see Fig. 11(a)]. Furthermore, the metamaterial with $\theta_{0}=0.01$ has an amplitude gap for solitons (see gray region in Fig. 10), inside which Eq. (33) has no physical solution. As shown by the numerical results reported in Fig. 11(b), if a soliton with amplitude inside the gap is excited, it cannot propagate through the system. It is important to note that such gap is highly asymmetric and only affects the solitons that induce energetically unfavorable rotations (i.e., the upper bound of the gap is $A=0$, so that all solitons that induce energetically favorable rotations at the squares can propagate, regardless of their amplitude). Our results also


FIG. 12. Effect of the applied strain $\epsilon_{\mathrm{st}}^{x x}$ and amplitude $A$ on (a) the velocity $c$ and (b) the width $W$ of the solitons supported by a metamaterial with $\theta_{0}=0.25$. The gray region highlights the amplitude gap as predicted by the continuum model.
indicate that the gap becomes more pronounced as the amount of applied precompression is increased. This is because the applied compressive strain further increases the rotation of the squares, making the asymmetry of the structure even stronger. To further explore the effect of $\epsilon_{\mathrm{st}}^{x x}$ on the width of the gap, in Fig. 10(c) we report the evolution of its lower limit, $A_{\text {lower }}$, as a function of the applied strain $\epsilon_{\mathrm{st}}^{x x}$ and the hinge width $t /(2 l)$ (note that for a metamaterial with $\theta_{0}=0.01$ the upper limit of the gap is always 0 ). We find that the gap almost vanishes as the thickness of the hinges increases and that the influence of $\epsilon_{\mathrm{st}}^{x x}$ on $A_{\text {lower }}$ is more pronounced for the structures with thinner hinges. Finally, we note that the supersonic vector solitons with $\theta$ defined Eq. (41) emerges as a small island inside the gap [see Figs. 10(a) and 10(b)]. However, these solitons have very small width [i.e., $\max (W)=0.68$ ], so that they are not supported by the discrete system [Fig. 11(c)].

Finally, in Fig. 12 we focus on a structure with $\theta_{0}=0.25$. We find that by increasing the initial rotation of the squares the amplitude gap widens and becomes more pronounced over the entire range of applied deformation. As for the vector solitons with $\theta$ defined by Eq. (41), they emerge as two islands inside the gap. However, also in this case because of their small width we do not expect them to propagate in the discrete system.

## VI. CONCLUSIONS

In summary, we have focused on a mechanical metamaterial comprising an array of squares connected at their vertices via thin ligaments and used numerical simulations and theoretical analysis to investigate the effect of static
(a)


FIG. 13. Schematics highlighting the boundary conditions used in our FE simulations to determine (a) $k_{l}$, (b) $k_{s}$, and (c) $k_{\theta}$.
predeformation on planar solitary waves that propagate along one of its principal directions. Our analyses indicate that (i) the applied predeformation strongly affect the width and velocity of the propagating solitons; (ii) depending on the amount of applied deformation different types of solitons are supported by the system, of which we systematically studied the existence and properties; (iii) solitons with small width (i.e., $W<2$ ) are not supported by the discrete system, as disperse during propagation; (iv) the width of the amplitude gaps can be tuned via the applied deformation. We believe that the results presented in this paper provide useful guidelines for the design of structures with enhanced wave tunability and target nonlinear elastic properties. Moreover, we envision application of the observed kink waves in the reconfiguration of complex bistable structures, resulting in changes of their mechanical, thermal, acoustical properties.

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## APPENDIX: NUMERICAL SIMULATIONS TO DETERMINE $\boldsymbol{k}_{\boldsymbol{l}}, \boldsymbol{k}_{\boldsymbol{s}}$, AND $\boldsymbol{k}_{\boldsymbol{\theta}}$

To determine the spring stiffness $k_{l}, k_{s}$, and $k_{\theta}$ as a function of the hinges geometry, we conduct finite-element simulations using the commercial package Abaqus/Standard. In all our analysis, (i) we consider two half squares (see dark blue region in Fig. 13); (ii) we assume plane strain conditions; (iii) we mesh the models using hybrid quadratic triangular elements (Abaqus element type: CPE8H) and ascertain the accuracy of the mesh through a mesh refinement study; (iv) we use a linear material with Young's modulus $E=1 \mathrm{MPa}$ and Poisson's ratio $v=0.3$ to capture the material response; and (v) we do not account for geometric nonlinearities.

To determine the spring stiffness $k_{l}$ and $k_{s}$ we apply an horizontal displacement $\delta_{l}$ and a vertical displacement $\delta_{s}$ to
the two boundaries of our model, respectively [see Figs. 13(a) and 13(b)]. The stiffness is then obtained from the measured reaction force $F_{l}$ and $F_{s}$ (given by the sum of all reaction forces at the nodes located on one of the two boundaries) as

$$
\begin{equation*}
k_{l}=\frac{F_{l}}{2 \delta_{l}}, \quad k_{s}=\frac{F_{s}}{2 \delta_{s}} . \tag{A1}
\end{equation*}
$$

As for the stiffness $k_{\theta}$, the two squares are rotated by applying the displacement distribution $\delta_{t}$ shown in Fig. 13(c). The stiffness $k_{\theta}$ is then obtained as

$$
\begin{equation*}
k_{\theta}=\frac{l M_{t}}{2 \max \left(\delta_{t}\right)}, \tag{A2}
\end{equation*}
$$

where $M_{t}$ is calculated by summing up the moment generated by every nodal force on the boundary.
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